

Model # MA-7000-WH

Thank you for purchasing the iReliev® Hand & Wrist Massager. Please read this user manual carefully and keep it in a safe place for future reference.

What's Included?

- Hand & Wrist Massager
- Type-C USB Cable
- Travel Bag
- Instruction Manual

Product Specification

Product Name	Hand & Wrist Massager
Model Number	MA-7000-WH
Rated Voltage	100V-240V 50Hz/60Hz
DC Input	5V 1A
Default Auto-off Timing	15 Minutes
Recharge Timing	≤6 Hours
Battery Type	3.7V, 2500mAh (9.25Wh), 1865 lithium-ion battery

- Do not use this product in high moisture, high temperature, or dusty environments to avoid product malfunction.
- Do not use in places that have a high density of gas, paint thinner, alcohol, bleach or other corrosive materials to avoid discoloration, deformation, cracking or malfunction.
- Do not sit or place heavy objects on this product.
- Avoid long-term exposure to direct sunshine.
- Do not plug product into supplementary switch.

- Stop using immediately if you experience extreme pain. Contact our customer support team for assistance.
- Do not place liquid or lotion onto this product or on your hands before or during use.
- This product is not recommended for use by children, pregnant women, or elderly people without doctor's approval.

DANGER - To reduce the risk of electric shock:

1. Unplug the power adapter after use and before cleaning the product.
2. Unplug the power adapter immediately if dropped into water.
3. Please do not soak the product in water or other liquid.
4. Avoid using in bathtub or near water sources.

WARNING- To reduce the risk of burns, electric shock, or injury:

1. Unplug the power adapter when the product is not in use.
2. Do not use this product if the power cord or adapter is damaged.
3. Keep the power cord away from heat.
4. Do not pull the product by its cord or use the cord as a handle.
5. Please keep this product out of the reach of children.



ExcelHealth Inc.
www.iReliev.com

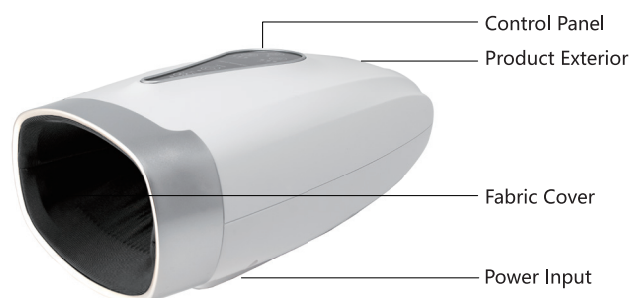
5825 Park Vista Circle
Fort Worth, TX 76244

If you have any questions about your **iReliev Hand & Wrist Massager** Model # MA-7000-WH, contact your reseller or ExcelHealthInc. at: 855-723-2582 or visit www.iReliev.com



Made in China

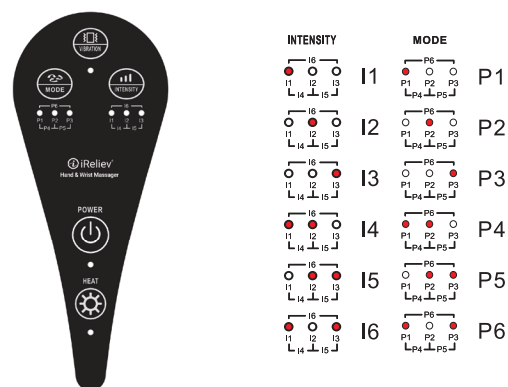
Product Diagram



Charging



Control Panel



- 1. POWER:** Press POWER button to turn on and off. This product is designed to be a two-step operation to save energy. When the battery power falls below 20%, the POWER light will flash to indicate it is charging.
- 2. MODE:** After powering on, press MODE button to activate Mode 1. Press repeatedly to select your preferred mode. Cycle is as follows: Mode 1 - Mode 2 - Mode 3 - Mode 4 - Mode 5 - Mode 6 - Stop Air Pressure.
- 3. AIR-PRESSURE INTENSITY:** Press INTENSITY button once to set the air-pressure level to I3 (medium). Press repeatedly to increase or decrease intensity. Cycle is as follows: I3 - I4 - I5 - I6 (Highest) - I1 (Lowest) - I2 - I3. Continue pressing to repeat cycle repeats.
- 4. Heating Button.** Press button to turn on or turn off the heating function.
NOTE: It takes about 5 minutes to reach the optimum temperature.
- 5. Vibrating Massage Button:** Press the button to turn on or turn off the vibration. There are 2 modes of vibration from which to choose.

Mode Descriptions:

- P1:** Combination between fingers, palms and wrists massage alternately and synchronously.
- P2:** Automatic leisure massage.
- P3:** Combination between fingers, palm and wrist massage synchronously.
- P4:** Wrist massage.
- P5:** Combination between finger, palms, and wrists massage alternately.
- P6:** Palm massage.

Cleaning & Storage

1. Please unplug the product before cleaning.
2. Use a damp sponge to clean product.
3. Keep product stored in a cool, dry place.
4. Please fully recharge the product before storing for long periods of non-use.

Questions & Answers

Problems	Solutions
Not working	1. Please fully charge the product before the first use. 2. Two-step operation. Please turn the power ON, and then press the MODE button.
POWER light flashing	Battery power is below 20% and it is charging.

Warranty & Customer Support

If you need help regarding product issues, after-sales service, or other relevant problems, please contact us at: **855-723-2582** or WeCare@iReliev.com