

iReliev

Ultra Soft Heating Pad



24" x 12" Pad

Model # HC-2412-S



Instruction Manual



CE 0120



Read this instruction manual before operation. Be sure to comply with all “CAUTIONS” and “WARNINGS” in this manual. Failure to follow and implement according to the use and operating instructions can cause harm to the user or heating pad.

INDICATIONS

The heating pad is intended for over-the-counter use. However, if you have any medical questions, we strongly encourage you to consult with your physician regarding indications for use of this heating pad.

Indications for Use

The iReliev® Ultra Soft Heating Pad is for active treatment as per intended use:

- Heat is usually used for subacute and chronic conditions, can reduce pain and muscle spasm, relax skeletal muscles, and decrease joint stiffness.

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CONTRAINDICATIONS

The heating pad should not be used on people with cardiac demand pacemakers.



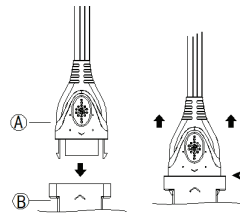
WARNINGS

- READ ALL INSTRUCTIONS.
- DO NOT USE WHILE SLEEPING.
- DO NOT USE ON AN INFANT OR ON AN ANIMAL.
- THIS PAD IS NOT TO BE USED ON OR BY AN INVALID, A SLEEPING OR UNCONSCIOUS PERSON, A PERSON WITH DIABETES, OR A PERSON WITH POOR BLOOD CIRCULATION.
- DO NOT USE ON AREAS OF INSENSITIVE SKIN.
- BURNS CAN OCCUR REGARDLESS OF CONTROL SETTING. CHECK SKIN UNDER PAD FREQUENTLY.
- DO NOT USE IN AN OXYGEN ATMOSPHERE.
- DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.
- DO NOT BUNCH, SIT ON OR AGAINST OR CRUSH PAD-AVOID SHARP FOLDS.
- NEVER PULL THIS PAD BY THE SUPPLY CORD.
- DO NOT USE THE CORD AS A HANDLE.
- THIS UNIT SHOULD NOT BE USED BY CHILDREN WITHOUT ADULT SUPERVISION.
- PLACE PAD ON TOP OF AND NOT UNDER THE PART OF THE BODY NEEDING HEAT.
- USE THIS PAD ONLY ON A 110-120 VOLT AC CIRCUIT. UNPLUG WHEN NOT IN USE.
- DO NOT TAMPER WITH THIS PAD IN ANY WAY.
- THERE ARE NO USER-SERVICEABLE PARTS. IF FOR ANY REASON THIS PAD DOES NOT FUNCTION SATISFACTORILY, SEE WARRANTY FOR CONSUMER SERVICE INFORMATION.
- DO NOT USE THIS PAD WITH LINIMENT, SALVE OR OINTMENT PREPARATIONS, ESPECIALLY ONES THAT CONTAIN HEATPRODUCING INGREDIENTS. SKIN BURNS COULD RESULT.
- DO NOT BEND OR PINCH CORD AND DO NOT USE IF CORD IS DAMAGED.
- NEVER LEAVE THE APPLIANCE UNATTENDED, ESPECIALLY IF CHILDREN ARE PRESENT.
- LOOP CORD LOOSELY WHEN STORING. TIGHT WRAPPING MAY DAMAGE CORD AND INTERNAL PARTS.
- WHEN NOT IN USE, STORE THE HEATING PAD IN THE ORIGINAL PACKAGING, IN A DARK, COOL, DRY PLACE.

SET UP PROCEDURES

For best results, we recommend using the heating pad in either a lying or sitting position. To start, set the heating pad on the lowest setting. For minor aches and pain, a low setting might be more than enough to reduce pain and stiffness. You can gradually increase the intensity of heat, if needed.

1. After control is connected to pad, plug into 120V AC electrical outlet. The LCD display lights up and goes out immediately.
2. To turn the pad on, press the Power Button. The LCD display lights up. The default temperature setting is the Lowest setting (113F) and the default timer setting is 1h.
3. Press Temp Button to select temperature settings. The setting grid increases one by one each time you press the button. The temperature changes accordingly: (113F/122F/131F/140F/149F/158F). The pad starts heating immediately when you loose the button. When heated to the temperature of selected setting, it stays at a stable status.
4. Press Timer Button to select Auto-Off timing. The default setting is 1:00. The timing sequence is: 15min/30min/45min/60min/90min/120min. When you loose the button, it starts countdown timing automatically by minute.
5. Press Temp Button for 2 to 3 seconds, it switches freely between Fahrenheit and Celsius.
6. If there is no more selection on the settings, the pad will turn into operation status. The pad will shut off automatically when time reaches the selected setting. LCD display goes completely dark as well.
7. **DURING USE, NEVER PLACE THE CONTROLLER UNDER THE PAD.**
8. **THE CONTROLLER MUST MATCH CORRESPONDENT MODEL. NEVER INSERT TO DIFFERING PAD.**



locate and align arrows

Ⓐ:Control Connector

Ⓑ:Pad Connector

Caution: The cable must be fully plugged in. A loose connection could cause a fire hazard.



This heating pad has a polarized plug (one blade is wider than the other) as a safety feature. This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician.

DO NOT ATTEMPT TO OVERCOME THIS SAFETY FEATURE.

WARNING: Do not use this heating pad with other heating pads/electric blankets under sheets. The heating pad will shut off automatically after 1.5 hours.

AUTO OFF FEATURE

Your heating pad controller includes a selectable Auto-Off feature.

NOTE: After a power outage, the Auto-Off feature automatically resets to the default timer.

WASHING INSTRUCTIONS

DO NOT DRY CLEAN. DO NOT BLEACH.

1. Disconnect pad from outlet.
2. Detach Pad Connector from the Control Connector.
3. Wash by hand or as follows in a washing machine or using slow agitation and normal spin speed:
 - Fill washer with warm water only.
 - Add a minimum amount of all-purpose detergent, agitate to dissolve before washing.
 - Add heating pad and soak for five minutes.
 - Agitate two minutes. Spin.
 - Fill for cool rinse, agitate one minute then spin again.
 - Dry in automatic dryer on high heat for five minutes only, or hang dry.
 - Remove damp heating pad from dryer and drape to finish drying.
 - Do not iron your heating pad.
4. Do not insert connector to pad or into an outlet until the pad is completely dry.

FCC CAUTION:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference.
2. This device must accept any interference received, including interference that may cause undesired operation.

WHAT'S INCLUDED

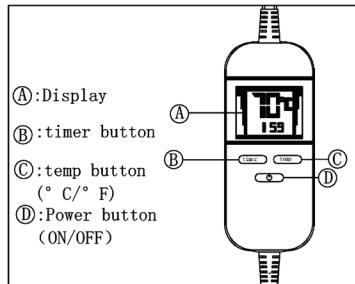
The iReliev® Heating Pad

1. Heating Pad (1)
2. Hand Control (1)
3. Carry Bag (1)
4. Operating Manual (1)



HEATING PAD FEATURES

- Soft Heating Pad Blanket
- Auto off in 90 minutes
- Adjustable Heat Settings
(113F/122F/131F/140F/149F/158F)
- Adjustable Timer Settings
(15min/30min/45min/60min/90min/120min)
- Detachable controller
- 24" x12" Heating Pad Size



CARE & MAINTENANCE

- Disconnect the power cord from the electrical outlet.
- Make sure the receptacle on the Pad Connector is disconnected from the wire.
- Hand wash or spot clean only.
- Line dry or lay the Pad flat to dry.
- Make sure the product is completely dry before the next use.
- To store the product, loosely roll the Heating Pad into a folded position and then store it in a cool, dry location after each use. Avoid sharply folding the Heating Pad.
- NEVER place in dryer or hang to dry.



TECHNICAL SPECIFICATIONS

- Ultra Soft Heating Pad
- Size: 24" x 12" Black Color
- Material: Black velvet
- Power: 140W
- Voltage: 100-120V
- 6 heat settings with LCD display
- 6 timer settings (15min, 30min, 45min, 60min, 90min, 120min)
- Overheating protection
- 9 ft. Cord Length

NOTE: Above temperatures are based on laboratory test data, temperatures may vary according to the practical application environment.

THANK YOU FOR PURCHASING

Your new iReliev® Ultra Soft Heating Pad is one of the best in the industry, and in many ways, leads the industry, particularly in the warranty coverage and customer satisfaction. Customer satisfaction is a key factor in every iReliev® transaction.

ExcelHealth Inc. dba iReliev Products has a passion for affordable, all-natural pain relief products. At iReliev®, word-of-mouth recommendations result in a large percentage of our business. This is a testament to our excellent product value and customer satisfaction.

REGISTER YOUR DEVICE

Please go to <https://www.iReliev.com/registration> to register your iReliev® Ultra Soft Heating Pad, Model # HC-2412-S, within 14 days of purchase to receive an extended warranty for up to 2 years.

WARRANTY

This iReliev® Ultra Soft Heating Pad carries a one-year warranty from the date of purchase.

The warranty applies to the heating pad, necessary parts, and labor relating thereto.

The warranty does not apply to damage resulting from failure to follow the operating instructions, accidents, abuse, alterations, or disassembly by unauthorized individuals.

ExcelHealth Inc. dba iReliev® Products reserves the right to replace or repair the unit at our discretion.

ExcelHealth Inc. dba iReliev Products

Attn: Warranty
5825 Park Vista Circle,
Fort Worth, TX 76244

www.iReliev.com

Phone: 855-723-2582
Email: WeCare@iReliev.com

OTHER PRODUCTS

YOU MAY ALSO LIKE THESE OTHER
IRELIEV® PRODUCTS

Wireless

Premium TENS + EMS Therapeutic Wearable System

Experience the freedom of wireless TENS + EMS muscle stimulation coupled with powerful medical grade strength technology and a low-profile design. The convenience and simplicity of this system make it the clear leader within the iReliev® line-up of pain relief and muscle stimulation devices.

Model # ET-5050



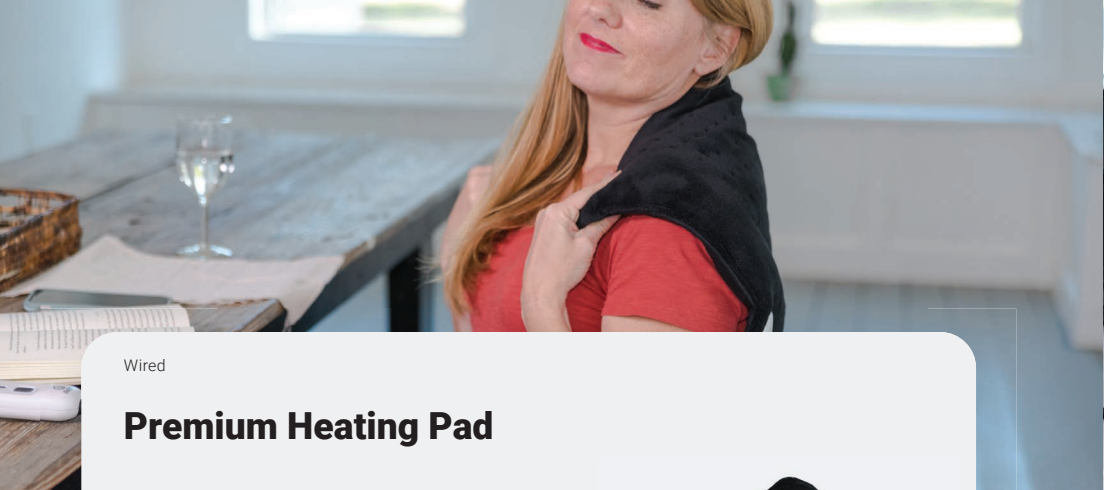
Wired

Premium TENS + EMS Pain Relief & Recovery

Our best selling 2-in-1 Pain Relief and Recovery System just got better, combining the best features of our previous TENS + EMS system but with the added benefits of rechargeability, backlit, and extra-large digital display.



Model # ET-8080



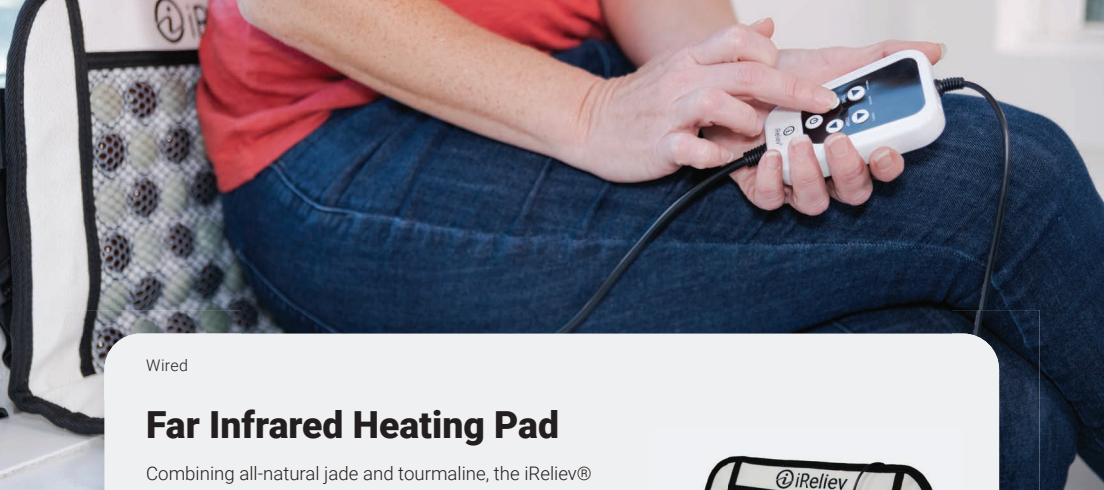
Wired

Premium Heating Pad

The iReliev® Premium Heating Pad offers king-size comfort for sore and aching muscles in your back, legs, arms, and more. Made with plush microfibers, this weighted heating pad provides light pressure and an ultra-soft heat therapy solution for arthritic pain, muscle ache, and stiff joints.



Model # HC-2412



Wired

Far Infrared Heating Pad

Combining all-natural jade and tourmaline, the iReliev® Far Infrared Heating Pad is designed to relieve pain and inflammation. Far infrared wavelengths are engineered to penetrate deeper through the surface of the skin to increase blood flow. Our all-natural carbon heating element can result in higher negative ions for increased therapeutic benefits.



Model # HC-2416

Wired

Shiatsu Neck & Back Massager

The iReliev® Shiatsu Neck & Back Massager with heat delivers a deep kneading shiatsu massage that helps relieve stress and promotes relaxation.. The inline control puts you in charge of your massage and heat modes. Choose between a deep kneading shiatsu massage with or without heat. 20 multi-size bi-directional nodes rotate to provide you a deep tissue muscle massage.

Model # MA-4040





Wireless

iReliev Percussion Massager

The iReliev Percussion Massage Gun is a simple device to use and enjoy. You'll move with more ease, have a better range of motion, and experience less pain as the massager promotes increased blood flow throughout your body. The massager features one button for operation, three levels of intensity, and a modern ergonomic design. Whether you need relaxation or relief, you can enjoy life with a renewed passion.



Model # MA-2020



Reusable & Versatile

Hot and Cold Therapy Gel Pack

Soothe your strains & pain with our reusable microwaveable hot/cold pack. It stays flexible even when frozen, so you have the freedom to use this pack however you like. Our packs are made of soft-touch vinyl and features a velcro material so you can secure your pack with the included straps on your arms or legs.



Comes in 3 sizes



Joint & Muscle Ache Relief

Pain Relief Roll-on Gel

We think you are going to love our newly formulated all-natural iReliev Pain Relief Gel. We offer in both 3 oz. roll-on or per use packets which is perfect for soothing aches and pains or just sore muscles.



Model # TO-3RO

Registration Card

Send this copy to: iReliev® Products 5825 Park Vista Circle, Fort Worth, TX 76244

Why did you buy iReliev: _____

Product Model Name: _____

Date of Purchase: _____ **Where Purchased:** _____

Serial Number: _____

Print Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Country: _____

Email: _____

Phone Number: _____

How did you hear about iReliev? _____

Please mail registration card in a stamped envelope within 14 days from date of purchase to receive free gifts and discounts.





iReliev[®]

ExcelHealth Inc.

www.iReliev.com

5825 Park Vista Circle

Fort Worth, TX 76244

If you have any questions whatsoever regarding your
iReliev[®] Ultra Soft Heating Pad
Model # HC-2412-S contact your reseller or ExcelHealth Inc. at:
855-723-2582 or visit www.iReliev.com